



CONFERENCE + HOSPITALITY

*Menu*

## BREAKFAST

- Bacon Bun ..... £2.95**  
Two slices of bacon served in a floury bun – sauce included
- Sausage Bun ..... £2.95**  
Locally made pork sausage served in a floury bun – sauce included
- Mini Danish..... £0.90**  
A selection of maple pecan plait, cinnamon swirl, vanilla crème or raspberry
- Fresh Fruit Platter ..... £1.75**  
A selection of fresh sliced fruit for a healthy start to your day

*The food at Newton Rigg College is prepared on the premises using a range of excellent Cumbrian food producers and suppliers including award-winning cheeses and relishes, pies and breads.*



## SANDWICH PLATTERS

**Price per platter to serve five ..... £12.50**

**All served on a mix of white, wholemeal and granary bread**

### Vegetarian Platter

Hummus with sun blushed tomato and rocket  
Cheese savoury  
Egg mayonnaise  
Feta cheese, red pepper and rocket

### Meat Platter

Chicken tikka  
Roast beef and rocket  
Chicken mayonnaise with bacon  
Penrith pepper pot sausage with grain mustard and diced apple

### Fish Platter

Prawn Marie Rose  
Tuna savoury  
Smoked salmon and cream cheese  
Lemon and black pepper salmon with rocket

## HOT AND LIGHT SNACKS

**Homemade Chef's Soup of the Day ..... £3.30**

With roll and butter. Delivered in flasks with cups for a hot and tasty snack. Minimum order 10 servings

**Filled Jacket Potatoes ..... £5.95**

Price includes 1 hot filling, 1 cold filling, salad and butter – filling choice:

Cheese savoury	Chilli con carne
Coronation chicken	Chicken curry
Coleslaw	Creamy mushrooms

**Portion of chips .....£1.20**

**Bowl of salad .....£1.00**

**Piece of fruit .....£0.60**

## CAKES AND EXTRAS

**Cake and tray bake selection .....£1.50 from a variety of the following:**

Flapjack	Carrot cake
Millionaires shortbread	Butter cream sponge
Chocolate brownie	Scone with jam and butter

## SELECTION OF BUFFETS

**WORKING SANDWICH LUNCH ..... £6.75**

- One and a half rounds of freshly made sandwiches on a selection of wholemeal, granary and white bread with a mix of vegetarian, fish and meat sandwiches
- Bowl of crisps or Doritos
- Homemade tray bake
- Tea and coffee

**QUICHE SALAD BUFFET ..... £7.50**

Freshly homemade quiche served with mixed green salad, coleslaw and crusty bread

**ONE DISH HOT WORKING LUNCH ..... £7.50**

*Served for a minimum of 10 people. Please choose 1 option*

Lasagne with garlic bread  
Cottage pie  
Chicken curry with rice  
Cumberland sausage and mash  
Chicken chorizo pasta bake

**LUNCH ON THE GO ..... £5.95**

*Served in a take-out carry bag*

- Filled large soft roll
- Crisps
- Wrapped tray bake
- Fruit
- Bottle of water

*For evening meals and events, menus are bespoke and flexible according to your group's needs*

**EDEN VALLEY BUFFET ..... £8.25**

- A selection of sandwiches freshly made with our own sandwich fillings
- Smoked salmon on wholemeal crostini with crème fraiche
- Crispy Camembert cheese with cranberry relish
- Baked lemon and coriander chicken kebabs
- Local pork and apple sausage slow roasted in honey and mustard
- Crispy tempura prawns with sweet chilli sauce
- Fresh fruit bowl and yogurts
- Tea and coffee

**SEWBORWENS FARM BUFFET PLATTER ..... £8.95**

- A selection of home cooked Cumbrian beef and ham
- Cheese platter with a selection of local cheese
- Hawkshead pickles and chutney
- Mixed green salad, cherry tomatoes, Kalamata olives and a selection of flavoured breads
- Fresh fruit platter
- Tea and coffee



## BEVERAGES

**Tea, coffee, decaffeinated coffee and selection of fruit and herbal teas ..... £1.50**

**As above with homemade cake ..... £2.95**

**As above with mini Danish ..... £2.35**

**As above with 2 pack of biscuits ..... £1.85**

**Fruit Juice per litre ..... £3.50**  
*Serves 5*

**Fair-trade Orange**


**Fair-trade Apple**

**Tropical**



*Please make your booking by calling or emailing the following*

EMAIL: [CONFERENCES@NEWTONRIGG.AC.UK](mailto:CONFERENCES@NEWTONRIGG.AC.UK) TEL: 01768 893707/09



*How to Book*

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The lunchtime menus provided here can be booked when using the conference centre facilities or form part of the day delegate rates and are available to residential and non residential groups. Please note all prices include VAT.